

Support Your Local Coaches

Session Date: Mar 5, 2022

Presenter(s): Crystie McGrail, Carol Nip, Tim Waud

Description: Workshop with other attendees how you as an LMSC can support your coaches.

Key Points - Areas to support coaches:

- **Communication** – How do you communicate with your local coaches? How do local coaches communicate with each other?
 - **Certifications** – How do you support coaches getting certified? Who do you support getting certs?
 - **National Continuing Education** – Does your LMSC send coaches to Natl events? How does that work?
 - **Local Continuing Education** – Does your LMSC run any local ed ops? What does that look like?
 - **Skills Practice** – How do you create opportunities for local coaches to learn and practice new skills?
 - **Recognition** - Do you have any processes in place to recognize and or celebrate outstanding coaches in your broader community?
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Summary:

Masters coaching can be an island. Our Masters Clubs and Coaches usually don't have a whole stable of other coaches or peers they work with to continue honing their craft. And Masters athletes are quite different from Age Groupers.

The goal today is for our panel to share some of their best programs and ideas to help you formulate actionable ideas you can bring home to your LMSC and implement to help support your local coaches.

We'll have a quick panel discussion, then provide some prompts for you to discuss ideas with those at your table, and then we'll open to a report out and Q&A where you can share any novel ideas, questions or barriers that your LMSC faces.

Group Discussion Topics

- What specific ideas can your LMSC implement to support coaches with education as soon as you get back from this event?
- What specific ideas can your LMSC implement to support coaches with skills practice as soon as you get back from this event?
- For your ideas create a quick table:
 1. First column is for the ideas that you want to make happen
 2. Second column is who needs to approve these ideas
 3. Third column is who is responsible for implementing and actually doing the idea
 4. Fourth column is any potential barriers